



Date \_\_\_\_\_

PATIENT \_\_\_\_\_ Birthdate \_\_\_\_\_ Age \_\_\_\_\_  
 (FULL NAME, PLEASE DO NOT USE INITIALS)

Married  Single  Widowed  Male  Female  Soc. Sec. # \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_  I do not wish to receive Rock Valley newsletter

Patient Employed by \_\_\_\_\_ Occupation \_\_\_\_\_

Business Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Business Phone \_\_\_\_\_

Name of Spouse \_\_\_\_\_ Soc. Sec. # \_\_\_\_\_ DOB \_\_\_\_\_

Spouse Employed by \_\_\_\_\_ Business Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

**IF PATIENT IS INSURED THROUGH A PARENT, COMPLETE THIS SECTION**

FATHER: Name \_\_\_\_\_ DOB \_\_\_\_\_

Employer \_\_\_\_\_ Employer Phone \_\_\_\_\_

MOTHER: Name \_\_\_\_\_ DOB \_\_\_\_\_

Employer \_\_\_\_\_ Employer Phone \_\_\_\_\_

HOME ADDRESS OF PARENT(S) if different than patient's \_\_\_\_\_

\_\_\_\_\_ Phone \_\_\_\_\_

**INSURANCE INFORMATION**

Primary \_\_\_\_\_ Secondary \_\_\_\_\_

Is this a liability injury? Yes  No

If yes, please check one: Worker's Comp \_\_\_\_\_ Auto \_\_\_\_\_ Other \_\_\_\_\_

Claim # \_\_\_\_\_ Contact Person \_\_\_\_\_ Phone \_\_\_\_\_

Are you being represented by an attorney? Yes  No

If yes:

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_



## PATIENT HISTORY QUESTIONNAIRE

Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Date of Next Dr. Appt. \_\_\_\_\_

Occupation \_\_\_\_\_ Leisure Activities \_\_\_\_\_

Family Physician \_\_\_\_\_ Referring Physician \_\_\_\_\_

What is your chief complaint? \_\_\_\_\_

What caused your symptoms to begin? \_\_\_\_\_

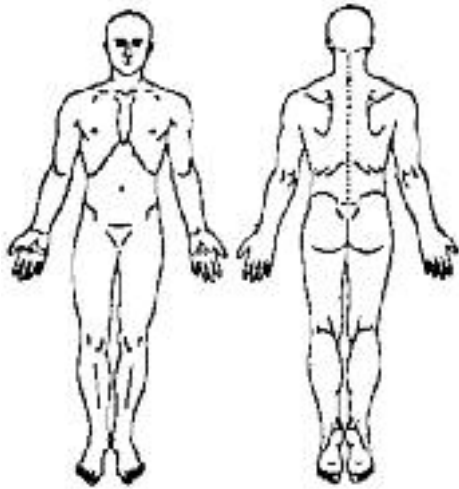
\_\_\_\_\_ Date symptoms began \_\_\_\_\_

Please describe your symptoms (i.e. sharp, dull, tingling, etc.) \_\_\_\_\_

\_\_\_\_\_

Indicate on the diagrams below, the area(s) or location(s) where you are currently experiencing symptoms, using the following key:

- PPPPP = pins & needles
- SSSSS = stabbing
- XXXXX = burning
- ZZZZZ = deep ache



Please indicate below the intensity of your symptoms. (Circle the appropriate number.)

(0 = no symptoms, 10 = worst possible symptoms)

Current:

0 1 2 3 4 5 6 7 8 9 10

Best:

0 1 2 3 4 5 6 7 8 9 10

Worst:

0 1 2 3 4 5 6 7 8 9 10

Average:

0 1 2 3 4 5 6 7 8 9 10

How often do you experience your symptoms? (Please check one.)

- Constantly (24 hrs/day)
- Occasionally (8-16 hrs/day)
- Frequently (16-23 hrs/day)
- Intermittently (0-8 hrs/day)

Please list any other treatments you have received for this condition. \_\_\_\_\_

\_\_\_\_\_

Has any special testing been done for this condition, such as x-ray or MRI? If so, please describe.

\_\_\_\_\_

\_\_\_\_\_

Please check if you, or a member of your family, have or has ever had any of the following:

You	Family		You	Family		You	Family	
_____	_____	Heart problems	_____	_____	Radiculitis	_____	_____	Cancer
_____	_____	High blood pressure	_____	_____	Sciatica	_____	_____	Thyroid problems
_____	_____	Circulatory problems	_____	_____	Deep vein thrombosis	_____	_____	Seizures
_____	_____	Asthma	_____	_____	Raynaud's	_____	_____	Multiple Sclerosis
_____	_____	Emphysema/bronchitis	_____	_____	Vertigo	_____	_____	Hepatitis
_____	_____	COPD	_____	_____	Dementia	_____	_____	Tuberculosis
_____	_____	Rheumatoid Arthritis	_____	_____	Depression	_____	_____	Stroke
_____	_____	Other arthritic conditions	_____	_____	Obesity	_____	_____	Kidney disease
_____	_____	Diabetes	_____	_____	Difficulty walking	_____	_____	Anemia
_____	_____	Chronic ulcer	_____	_____	due to a joint disorder	_____	_____	Chemical dependency
_____	_____	Osteoporosis	_____	_____	Other _____			

Please list any surgeries or other conditions you have experienced that required hospitalization, including the approximate date. \_\_\_\_\_

Please list any medications you are currently taking (prescription and over-the-counter). \_\_\_\_\_

How many caffeinated beverages do you drink per week? \_\_\_\_\_

Do you use nicotine products? YES NO How much per day? \_\_\_\_\_

Do you drink alcohol YES NO # of days per week \_\_\_\_\_ # of drinks in average sitting \_\_\_\_\_

Are you currently receiving any type of home health services? YES NO

If yes, please provide the name of the agency. \_\_\_\_\_

Are you here due to a problem with your low back? YES NO If YES, skip to the next page.

Have you recently noted any of the following? (Please check all that apply.)

_____ weight loss/gain	_____ weakness
_____ nausea/vomiting	_____ fever/chills/sweats
_____ dizziness/lightheadedness	_____ numbness or tingling
_____ fatigue	_____ balance disturbances
_____ blurred vision	_____ hearing disturbances
_____ blackouts	_____ difficulty with communication
_____ difficulty swallowing	_____ unintentionally dropping objects
_____ difficulty sleeping	

*Thank you for taking the time to complete this questionnaire.*



**ROCK VALLEY**  
 PHYSICAL THERAPY  
*Making Better Lives.*

The mission of Rock Valley Physical Therapy is to meet the needs of our community by providing skilled, highly-effective physical rehabilitation services and by fostering a timely, optimal outcome for our patients.

Compliance with your scheduled appointment time is mandatory. You are scheduled for a block time, and to be late or to miss with little notice does not allow us to fill your space. **We reserve the right to charge for a missed appointment if not cancelled at least 24 hours prior to your scheduled time.**

Another responsibility of the patient is for his/her charges for care. When delivering physical therapy or occupational therapy treatment, we are entering into an agreement with you, not with a third-party insurance company or an attorney, if in litigation. We will bill your insurance for you, but if our charges are not covered or paid in full by them, the balance becomes due and payable by you, the patient/responsible party, within 30 days of the insurance payment and/or denial, unless other arrangements have been made with the Billing Office. If the bill has not been paid within the 30 days, we reserve the right to discontinue treatment.

Medicare may not approve certain supplies. If your therapist recommends and/or gives you a supply item to take home, you must check with our front office staff regarding coverage BEFORE ACCEPTING THE ITEM.

Rock Valley Physical Therapy does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy, contact the Administrative Assistant – (309) 743-2070, TDD/Relay Iowa.

**Rock Valley Physical Therapy is not responsible for determining insurance coverage for services. Please contact your insurance company directly if you have any questions regarding coverage.**

This is to verify that I have read and agree with the above.

\_\_\_\_\_  
 Patient or responsible party

\_\_\_\_\_  
 Date

PATIENT'S or AUTHORIZED PERSON'S SIGNATURE: I authorize the release of any medical or other information necessary to process this claim. I also request payment of government benefits either to myself or to the party who accepts assignment, or assign insurance payments directly to Rock Valley Physical Therapy.

I authorize you to speak to \_\_\_\_\_ regarding my account/treatment.  
*name(s) of family member / friend*

\_\_\_\_\_  
 Patient or responsible party

\_\_\_\_\_  
 Date

I, \_\_\_\_\_, have received the **NOTICE OF PRIVACY PRACTICES** from Rock Valley Physical Therapy.

\_\_\_\_\_  
 Patient or responsible party

\_\_\_\_\_  
 Date

As a staff member of Rock Valley Physical Therapy, I, \_\_\_\_\_, state that \_\_\_\_\_ has been given our Notice of Privacy Practices, though he/she declined to sign this acknowledgement.

\_\_\_\_\_  
 Staff Member

\_\_\_\_\_  
 Date

SUPPLIER STANDARDS

1. A supplier will fill orders from its own inventory or inventory of other companies with which it has contracts to fill such orders; or fabricates or fits items for sale from supplies it buys under a contract.
2. A supplier is responsible to oversee delivery of items that the supplier ordered for the beneficiary. The supplier is also responsible to assure delivery of large items to the beneficiary.
3. A supplier honors all warranties, express or implied, under applicable State law.
4. A supplier will answer questions or complaints a beneficiary has about an item or use of an item that is sold or rented to the beneficiary. If the beneficiary has questions about Medicare, the supplier will refer the beneficiary to the appropriate carrier.
5. A supplier maintains and repairs directly, or through a service contract with another Company, items it rents to a beneficiary.
6. A supplier accepts returns of substandard (less than full quality for a particular item) or unsuitable items (inappropriate for the beneficiary at the time it was fitted and/or sold) from the beneficiary.
7. A supplier discloses consumer information to each Medicare customer. This consists of a copy of these supplier standards to which it must conform.
8. A supplier complies with the disclosure provisions in Title XI of the of the Social Security Act, section 1124A(a).

**NOTE:**

**If you do not know which Regional Carrier to call, please ask the supplier where your claims are billed.**

MEDIGAP (Medicare Supplement) STATEMENT:

I request that payment of authorized MediGap benefits be made either to me or on my behalf to Rock Valley Physical Therapy for any services furnished me by that physician/supplier. I authorize any holder of medical information about me to release to \_\_\_\_\_ any information needed to determine these benefits or the benefits payable for related services.

Beneficiary Name \_\_\_\_\_ MediGap Policy Number \_\_\_\_\_

Beneficiary Signature \_\_\_\_\_ Date \_\_\_\_\_

## THE LOWER EXTREMITY FUNCTIONAL SCALE

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Today's Date \_\_\_\_\_

Today, do you, or would you have ANY difficulty with:

Activities	Extreme Difficulty or unable to perform activity	Quite a bit Difficulty	Moderate Difficulty	A little bit of Difficulty	No Difficulty
1 Any of your usual work, housework or school activities	4	3	2	1	0
2 You usual hobbies, recreational or sporting activities	4	3	2	1	0
3 Getting into or out of the bath	4	3	2	1	0
4 Walking between rooms	4	3	2	1	0
5 Putting on your shoes or socks	4	3	2	1	0
6 Squatting	4	3	2	1	0
7 Lifting an object, like a bag of groceries, from the floor	4	3	2	1	0
8 Performing light activities around your home	4	3	2	1	0
9 Performing heavy activities around your home	4	3	2	1	0
10 Getting into or out of a car	4	3	2	1	0
11 Walking 2 blocks	4	3	2	1	0
12 Walking a mile	4	3	2	1	0
13 Going up or down 10 stairs (about 1 flight of stairs)	4	3	2	1	0
14 Standing for 1 hour	4	3	2	1	0
15 Sitting for 1 hour	4	3	2	1	0
16 Running on even ground	4	3	2	1	0
17 Running on uneven ground	4	3	2	1	0
18 Making sharp turns while running fast	4	3	2	1	0
19 Hopping	4	3	2	1	0
20 Rolling over in bed	4	3	2	1	0

Since beginning therapy, my condition has improved:

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%



During the past 24 hours, my maximum pain rating was:

0 1 2 3 4 5 6 7 8 9 10

**Minimum level of detectable change: 11 points (after calculations) SCORE: \_\_\_\_\_/80X100**

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