



Making Better Athletes.

Rock Valley
SPORTS PERFORMANCE

PROGRAM PRICING

S.A.D.O.

<i>Duration</i>	<i>Sessions</i>	<i>Cost</i>
New Athletes		
6 weeks	18	\$525
12 weeks	36	\$955
Returning Athletes		
8 weeks	24	\$525
14 weeks	42	\$955

(Group training and rates available upon request)

RETURN TO SPORT

<i>Duration</i>	<i>Sessions</i>	<i>Cost</i>
6 weeks	18	\$325

ATHLETE GROUP TRAINING

<i>Duration</i>	<i>Sessions</i>	<i>Cost per Athlete</i>
New Individual Athletes		
6 weeks	18	\$395
12 weeks	36	\$675
Returning Individual Athletes		
8 weeks	24	\$395
14 weeks	42	\$675

(Continued on back)



Making Better Athletes.

Rock Valley
SPORTS PERFORMANCE

ATHLETE GROUP TRAINING

Duration

Cost per Athlete

2-5 Athletes

8 weeks

\$300

14 weeks

\$525

6-9 Athletes

8 weeks

\$250

14 weeks

\$450

10+ Athletes

8 weeks

\$225

14 weeks

\$380

LOCATIONS & HOURS

MOLINE

860 43rd Avenue
Moline, IL 61265
(309) 797-8550

MONDAY - FRIDAY

3:30 p.m. - 5:00 p.m.

MONDAY - THURSDAY

6:00 p.m. - 7:30 p.m.

BETTENDORF

2222 Middle Rd
Bettendorf, IA
(563) 344-4524

MONDAY - THURSDAY

3:30 p.m. - 6:30 p.m.